

## Funding

Southern Districts Support Association (SDSA) was established in 1993 by a small group of Christian people.

In 1996 Home & Community Care (HACC) became partners to our project.

Finances from HACC cover the major expenses, with a modest fee per client covering some of our running costs.



### HOW TO OBTAIN SERVICE

Contact: Louise :  
Phone: 9497 4454  
Facsimile: 9497 7800  
Email: [louise@sdsa.info](mailto:louise@sdsa.info)  
Web: [www.sdsa.info](http://www.sdsa.info)  
Emergency: 0407 192 236

### OFFICE LOCATION

Armadales Lotteries House  
Cnr. Forrest Road & Townley Street  
Armadales WA 6112

### MAILING ADDRESS

The Coordinator  
P.O. Box 200  
Kelmscott WA 6991

### FOR GENERAL ENQUIRES

Call 9497 4454  
Monday — Friday  
9.00am — 5.00pm

## Southern Districts Support Association

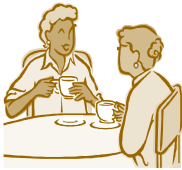


Assisting Seniors & People  
With Disabilities to Live  
Independently

## What Services Do We Provide

### **Respite (relief for the carer)**

SDSA supports the live-in carer by giving that person a little time to do other things they might enjoy or just time to rest & gather strength.



### **Recreation Services**

SDSA offers a variety of Centre Based programs for people of similar ages.

Groups include:

- ◆ Recreational outing groups for young people with disabilities
- ◆ Centre based activities in the evening for people with Acquired Brain Injuries
- ◆ Adult Day centre programs for frail aged clients
- ◆ Friday Bingo for frail aged clients

The groups allow members to access a variety of social activities. Pick up from home and drop off service is available.



### **Lawn & Gardening Service**

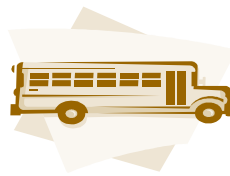
This service is available to HACC eligible clients to assist them with basic garden maintenance, seasonal tasks include pruning & rubbish removable.

### **Domestic Assistance**

Assisting with Vacuuming, dusting the home, washing, ironing & shopping.

### **Transport**

Support would include taking clients to medical appointments, shopping or recreational outings.



### **Social Support**

Support is provided to the client as an individual and assists them to participate in society, support would include taking client shopping, helping with paperwork or attending appointments.



## Our Philosophy

SDSA believes that all people should be respected, be treated in a non-discriminatory manner and be able to make choices in their own life.

## Clients Rights

The Services are offered in accordance with HACC guidelines. The clients right to privacy and confidentiality is respected at all times.

## Service Area

City of Armadale, Gosnells, Canning and the Shire of Serpentine / Jarrahdale.